

February Nutrition Sessions



Nutrition is an important part of cancer treatment and recovery. We are offering fun, informative sessions about getting the nutrients you need. We hope you can join us for one of the following sessions.

February Group Session

Building your balanced plate...strategies for filling your plate and body with wholesome foods.

Tuesday, February 5, 2019:

- 7 pm in the conference room at SNCC (located at 68th & O Street)

Individual Sessions

Do you have specific questions about your nutritional needs? The following days/times are available for individual sessions:

68th & O Location:

February 6, 13, 20, 21, 27 - the following times are available:

- 9 am;
- 10 am; or
- 11 am

40th & Pine Lake Location:

February 14 - the following times are available:

- 11 am
- 12 pm; or
- 1 pm

To register for one of these complimentary sessions, please call (402) 420-7000. For individual nutrition sessions, discuss options with your oncologist.

About Melanie



Melanie Mitchell, MS, RD, LMNT

As a registered and licensed dietitian, Melanie provides patients with medical nutrition therapy. Through evaluation and nutritional diagnosis, she can provide patients with a nutritional plan that can optimize weight maintenance and improve quality of life.

