

MEDICAL ONCOLOGISTS

Cary Peterson, MD • Nathan B. Green, DO
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RADIATION ONCOLOGISTS

Joseph Kam Chiu, MD • Mark J. Stavas, MD

CT IMAGING SCHEDULING NOTES

1. Please arrive 15-30 minutes prior to your scheduled appointment time.
2. Please follow the marked instructions listed below to insure adequate exam preparation.
3. You must take all your medications with water. **Hydration: Water fluid intake preferably at least 1 quart (four 8 oz. glasses) is encouraged before and after procedure. **DIABETICS FOLLOW SEPARATE ATTACHED INSTRUCTIONS****
4. Patients should expect the entire CT exam process to take approx. 30 minutes. You may be required to have intravenous saline based on recent lab results prior to and after exam.

Patient Name: _____

Your appointment time is at: _____ **on** _____

___ Oral prepared contrast Barium. You may be given oral Barium to be ingested prior to the exam. We recommend that you refrigerate this contrast so that it is more palatable.

___ CT Abdomen w/contrast: Nothing to Eat 4 hrs. prior to exam. **Patient encouraged to drink water up to time of exam.** Drink 1 bottle RediCat/or Scan C 1 hour prior to exam. Keep refrigerated.

___ CT Abdomen/Pelvis w contrast: You will receive 2 bottles of RediCat/or Scan C. Keep refrigerated.

Step 1: Drink 1 bottle RediCat/or Scan C the night before your exam at 9:00 p.m. After drinking this 1 bottle of contrast we ask that you NOT eat anything, **you are encouraged to drink water up to time of exam.**

Step 2 Drink 1 bottle RediCat/or Scan C 1 hour prior to the exam.

___ CT Pelvis: Same procedure as for CT Abd/Pelvis w contrast.

___ CT Chest/Abdomen/Pelvis: Same procedure as for CT Abd/Pelvis w contrast.

___ CT Chest w/contrast: ___ No prep. **Patient encouraged to drink water up to time of exam.**

___ CT Soft Tissues Neck: No prep. **Patient encouraged to drink water up to time of exam.**

___ CT Head w/contrast: No prep. **Patient encouraged to drink water up to time of exam.**

___ Other (please specify): _____

- All intravenous CT procedures will require a recent Creatine and BUN lab value within 30 days for patients 55 or over.
- If you are claustrophobic, notify your physician to get relaxation meds. Please bring the medicine to your appointment and the technologist will inform you when to take the medication.

SNCC ADDRESSES:

68th Street Location: 201 South 68th Street Place (68th & O Street); Lincoln, NE 68510 (Entrance is on south side of building.)

Pine Lake Road Location: 3901 Pine Lake Rd, Ste 111; Lincoln, NE 68516

QUESTIONS:

Any questions about the exam or preparation, please call SNCC at 402-420-7000.